

Place	First	Last Name	Gender	Age	Age Group	Time	Div
Overall	Male						
1	Tim	Fitch	M	45	40-49	19.54	R
2	Jackson	Smolenski	M	15	15-19	21.26	R
3	Declan	Avestro	M	13	14 <	21.27	R
Overall	Female						
16	Isabella	Franescni	F	16	15-19	26.08	R
17	Sonya	Keaney	F	14	14 <	26.09	R
18	Christine	Mouz	F	36	30-39	26.34	R
14 <	Female						
25	Ariclla	Williams	F	13	14 <	29.08	R
45	Moorea	Fitch	F	13	14 <	37.17	R
14 <	Male						
10	Graydon	Smolenski	M	11	14 <	24.16	R
34	Daniel	Yakushko	M	9	14 <	32.06	R
40	Weston	Fitch	M	9	14 <	34.41	R
15-19	Female						
15-19	Male						
6	Shawn	Ingwer	M	17	15-19	23.28	R
21	Justin	Monchinski	M	18	15-19	28.02	R
22	Matthew	Monchinski	M	16	15-19	28.02	R
20-29	Female						
32	Jackly	Cusack	F	29	20-29	31.42	R
20-29	Male						
4	Michael	Simon	M	29	20-29	21.58	R
8	Juan	Diego	M	25	20-29	24.02	R
38	Cruz	Gustavo	M	28	20-29	34.19	R
30-39	Female						
27	Laren	Karpinski	F	32	30-39	29.25	R
28	Kim	Karpinski	F	36	30-39	29.25	R
31	Sophie	Stein	F	31	30-39	31.22	R
30-39	Male						
5	Matthew	Barrall	M	37	30-39	23.01	R
9	Uriel	Nolaseo	M	31	30-39	24.02	R
40-49	Female						
23	Ryan Ann	Fitch	F	44	40-49	28.28	R
24	Nicole	Cyr	F	40	40-49	29.01	R
33	Katie	DeSantis	F	40	40-49	32.04	R
40-49	Male						
7	Tom	Brieva	M	49	40-49	23.36	R
11	Jon	Smolenski	M	45	40-49	24.23	R
13	Michael	Avestro	M	46	40-49	24.43	R

Place	First	Last Name	Gender	Age	Age Group	Time	Div
50-59 Female							
37	Anneli	Svensson	F	54	50-59	32.43	R
50-59 Male							
12	Thomas	Long	M	57	50-59	23.23	R
20	Craig	Ingwer	M	57	50-59	27.51	R
60-69 Female							
29	Donna	Panaro	F	63	60-69	29.48	R
44	Carol	Werthan	F	66	60-69	37.11	R
60-69 Male							
15	Mario	Ricca Jr.	M	63	60-69	25.20	R
30	Kurt	Grotyohann	M	65	60-69	30.14	R
43	Dennis	Murachanian	M	66	60-69	38.58	R
70-79 Female							
42	Cathy	Salvio	F	72	70-79	35.38	R
50	Lynn	Glenn	F	70	70-79	45.25	R
70-79 Male							
41	Jim	Nosuchinsky	M	71	70-79	35.08	R
80 + Male							
52	David	Gross	M	83	80-89	46.42	R
53	Olie	Nelson	M	88	80-89	49.59	R
Clydesdale							
51	Jim	Bergum	M	75	70-79	45.48	C
Racewalkers 2.5 miles							
Female							
1	Patti	Ferriola	F	60	60-69	32.29	RW
Male							
48	Ed	Niemiera	M	75	70-79	44.02	RW
49	Tony	Bleach	M	73	70-79	44.03	RW
Overall Placement							
Place	First	Last Name	Gender	Age	Age Group	Time	Div
1	Tim	Fitch	M	45	40-49	19.54	R
2	Jackson	Smolenski	M	15	15-19	21.26	R
3	Declan	Avestro	M	13	14 <	21.27	R
4	Michael	Simon	M	29	20-29	21.58	R
5	Matthew	Barrall	M	37	30-39	23.01	R
6	Shawn	Ingwer	M	17	15-19	23.28	R
7	Tom	Brieva	M	49	40-49	23.36	R
8	Juan	Diego	M	25	20-29	24.02	R
9	Uriel	Nolaseo	M	31	30-39	24.02	R
10	Graydon	Smolenski	M	11	14 <	24.16	R
11	Jon	Smolenski	M	45	40-49	24.23	R
12	Thomas	Long	M	57	50-59	23.23	R
13	Michael	Avestro	M	46	40-49	24.43	R
14	Jonathan	Lyon	M	49	40-49	24.49	R

Place	First	Last Name	Gender	Age	Age Group	Time	Div
15	Mario	Ricca Jr.	M	63	60-69	25.20	R
16	Isabella	Franescni	F	16	15-19	26.08	R
17	Sonya	Keaney	F	14	14 <	26.09	R
18	Christine	Mouz	F	36	30-39	26.34	R
19	Darrin	David	M	48	40-49	27.35	R
20	Craig	Ingwer	M	57	50-59	27.51	R
21	Justin	Monchinski	M	18	15-19	28.02	R
22	Matthew	Monchinski	M	16	15-19	28.02	R
23	Ryan Ann	Fitch	F	44	40-49	28.28	R
24	Nicole	Cyr	F	40	40-49	29.01	R
25	Ariclla	Williams	F	13	14 <	29.08	R
26	Jason	Monchinski	M	48	40-49	29.20	R
27	Laren	Karpinski	F	32	30-39	29.25	R
28	Kim	Karpinski	F	36	30-39	29.25	R
29	Donna	Panaro	F	63	60-69	29.48	R
30	Kurt	Grotyohann	M	65	60-69	30.14	R
31	Sophie	Stein	F	31	30-39	31.22	R
32	Jackyn	Cusack	F	29	20-29	31.42	R
33	Katie	DeSantis	F	40	40-49	32.04	R
34	Daniel	Yakushko	M	9	14 <	32.06	R
35	Igor	Yakushko	M	47	40-49	32.27	R
36	Pattie	Ferliola	F	61	60-69	32.29	RW
37	Anneli	Svensson	F	54	50-59	32.43	R
38	Cruz	Gustavo	M	28	20-29	34.19	R
39	Rebecca	Pena	F	33	30-39	34.19	R
40	Weston	Fitch	M	9	14 <	34.41	R
41	Jim	Nosuchinsky	M	71	70-79	35.08	R
42	Cathy	Salvio	F	72	70-79	35.38	R
43	Dennis	Murachanian	M	66	60-69	38.58	R
44	Carol	Werthan	F	66	60-69	37.11	R
45	Moorea	Fitch	F	13	14 <	37.17	R
46	Jason	Maldonado	M	63	60-69	37.58	R
47	Andrea	Monchinski	F	46	40-49	40.27	R
48	Ed	Niemiera	M	75	70-79	44.02	RW
49	Tony	Bleach	M	73	70-79	44.03	RW
50	Lynn	Glenn	F	70	70-79	45.25	R
51	Jim	Bergum	M	75	70-79	45.48	C
52	David	Gross	M	83	80-89	46.42	R
53	Olie	Nelson	M	88	80-89	49.59	R

Place by Age & Gender

Place	First	Last Name	Gender	Age	Age Group	Time	Div
25	Ariclla	Williams	F	13	14 <	29.08	R
45	Moorea	Fitch	F	13	14 <	37.17	R
17	Sonya	Keaney	F	14	14 <	26.09	R
16	Isabella	Franescni	F	16	15-19	26.08	R
32	Jackly	Cusack	F	29	20-29	31.42	R
31	Sophie	Stein	F	31	30-39	31.22	R
27	Laren	Karpinski	F	32	30-39	29.25	R
39	Rebecca	Pena	F	33	30-39	34.19	R
18	Christine	Mouz	F	36	30-39	26.34	R
28	Kim	Karpinski	F	36	30-39	25.09	R
24	Nicole	Cyr	F	40	40-49	29.01	R
33	Katie	DeSantis	F	40	40-49	32.04	R

Freehold Area Running Club
Our 42st Year
5K Summer Series 2024

Place	First	Last Name	Gender	Age	Age Group	Time	Div
23	Ryan Ann	Fitch	F	44	40-49	28.28	R
47	Andrea	Monchinski	F	46	40-49	40.27	R
37	Anneli	Svensson	F	54	50-59	32.43	R
36	Pattie	Ferliola	F	61	60-69	32.29	RW
29	Donna	Panaro	F	63	60-69	29.48	R
44	Carol	Werthan	F	66	60-69	37.11	R
50	Lynn	Glenn	F	70	70-79	45.25	R
42	Cathy	Salvio	F	72	70-79	35.38	R
34	Daniel	Yakushko	M	9	14 <	32.06	R
40	Weston	Fitch	M	9	14 <	34.41	R
10	Graydon	Smolenski	M	11	14 <	24.16	R
3	Declan	Avestro	M	13	14 <	21.27	R
2	Jackson	Smolenski	M	15	15-19	21.26	R
22	Matthew	Monchinski	M	16	15-19	28.02	R
6	Shawn	Ingwer	M	17	15-19	23.28	R
21	Justin	Monchinski	M	18	15-19	28.02	R
8	Juan	Diego	M	25	20-29	24.02	R
38	Cruz	Gustavo	M	28	20-29	34.19	R
4	Michael	Simon	M	29	20-29	21.58	R
9	Uriel	Nolaseo	M	31	30-39	24.02	R
5	Matthew	Barrall	M	37	30-39	23.01	R
1	Tim	Fitch	M	45	40-49	19.54	R
11	Jon	Smolenski	M	45	40-49	24.23	R
13	Michael	Avestro	M	46	40-49	24.43	R
35	Igor	Yakushko	M	47	40-49	32.27	R
19	Darrin	David	M	48	40-49	27.35	R
26	Jason	Monchinski	M	48	40-49	29.20	R
7	Tom	Brieva	M	49	40-49	23.36	R
14	Jonathan	Lyon	M	49	40-49	24.49	R
12	Thomas	Long	M	57	50-59	23.23	R
20	Craig	Ingwer	M	57	50-59	27.51	R
15	Mario	Ricca Jr.	M	63	60-69	25.20	R
46	Jason	Maldonado	M	63	60-69	37.58	R
30	Kurt	Grotyohann	M	65	60-69	30.14	R
43	Dennis	Murachanian	M	66	60-69	38.58	R
41	Jim	Nosuchinsky	M	71	70-79	35.08	R
49	Tony	Bleach	M	73	70-79	44.03	RW
48	Ed	Niemiera	M	75	70-79	44.02	RW
51	Jim	Bergum	M	75	70-79	45.48	C
52	David	Gross	M	83	80-89	46.42	R
53	Olie	Nelson	M	88	80-89	49.59	R

Place	First	Last Name	Gender	Age	Age Group	Time	Div