

2015 New Jersey Race Walk Series
USATF-NJ 10k Race Walk Champs
Harry Wright Lake (NJ 14505JHP)
Whiting, NJ

Conducted by The Freehold Area Running Club
Oct. 10th, 2015 - Clear, sunny, no wind, 56° 10 am

10k

1. John Soucheck	M50	SAC	7:14	14:22	21:25	28:57	35:22	42:24	49:19	56:13	
2. Tom Quattrocchi	M64	SAC	7:47	15:38	23:22	31:09	39:08	47:17	55:27	1:03:38	>
3. Panseluta Geer	F68	SAC	9:06	17:58	26:49	35:41	44:25	63:13	1:02:08	1:10:55	
4. Paul Koizumi	M12	WF	8:23	17:33	26:45	35:46	45:16	54:56	1:04:35	1:14:06	>
5. Ron Salvio	M67	FARC	9:06	18:41	28:28	38:25	48:29	58:35	1:08:22	1:18:00	
6. Ben Ottmer	M81	FARC	9:54	20:08	30:26	40:49	51:09	1:01:23	1:10:55	1:21:13	
7. Melissa Endy	F16	WF	DNS								

5k

1. Elizabeth Koizumi	F8	WF	10:07	20:22	30:56	41:19					
2. Grace Endy	F12	WF	DNS								

Judges: Avram Shapiro (Chief), Master
Marcia Shapiro, Master
Larry Kalb, Assoc.
Barbara Tupper, Assoc.
Steve Tupper, Apprentice

Starter: Larry Kalb

Hydration: Christen Soucheck

Course Set up/Breakdown: John Fredericks
Dorit Attias

Lap Counters/Timers:

Janet Bergum (Chief)

John Fredericks

Gene Geer

Course Biker: Mike Bergum

Hospitality: Dorit Attias

Meet/Series Director:

Ron Salvio (FARC) 609-758-5454

SAC=Shore AC

FARC= Freehold Area RC

WF= Westfield Flyers

Next Event: November 14, 2015 USATF-NJ 15k Championship