

2016 New Jersey Race Walk Series
USATF-NJ 15k Race Walk Championship
Including 5k Power Walk
Harry Wright Lake
Whiting, NJ

Hosted by The Freehold Area Running Club

11/12/2016 - Clear, sunny, breezy, 42-45°, Wind 8 mph

15k Race Walk

1: John Soucheck	M51	SAC	6:57	13:56	20:56	27:57	35:00	42:04	49:09	56:12	1:03:14	1:10:19	1:17:22	1:24:15
2: Tom Quattrocchi	M65	SAC	9:08	18:21	27:23	36:10	44:51	53:27	1:01:55	1:10:31	1:19:06	1:27:30	1:35:44	1:43:56
3: Tim Chelius	M60	SAC	9:08	18:21	27:23	36:23	45:11	53:58	1:02:39	1:11:27	1:20:19	1:28:33	1:36:41	1:44:44 >
4: Panse Geer	F70	SAC	9:16	18:54	28:26	37:53	47:15	56:44	1:06:18	1:15:58	1:25:44	1:35:34	1:45:33	1:55:20
5: John Morrison	M68	PVTC	9:16	18:54	28:26	38:02	48:03	58:10	1:08:30	1:18:41	1:28:31	1:38:33	1:49:05	1:59:57 >
6: Pat Bivona	M75	SAC	10:24	20:48	31:13	41:42	DQ >>>							

5k Power Walk (Unjudged)

1: Donna Pantaleon	F53	FARC	11:30	22:56	34:42	46:26
1: Sue Hopson	F56	FARC	11:30	22:56	34:42	46:27

Judges: Avram Shapiro (Chief), Master
Marcia Shapiro, Master
Larry Kalb, Assoc.
Sandi Kiefer, Assoc.
Wayne Baker, Assoc.

Lap Counters/Timers:
Janet Bergum (Chief)
John Fredericks

Course Biker: Mike Bergum

Starter: Larry Kalb

Set-up: John Fredericks

Hydration: Kristen Soucheck, Chief
Johnny Soucheck

Race/Series Director: Ron Salvio (FARC) 609-758-5454, Ron@Salvio.com