

THE FREEHOLD AREA RUNNING CLUB
32nd Annual



**Patrick E. Coyne Memorial
St Paddy's 5 Mile Race**

Sunday, March 19, 2023 at 10:30 A.M.

Rain or Shine

Michael J. Tighe Park, Georgia Road, Freehold Township

*Benefits Freehold Twp. Parks and Recreation Special Olympics and
Freehold Twp. Recreation Challenger Sports for Special Needs.*

Register through March 15th online at 

A NEW 5 MILE SCENIC COURSE
TOTALLY WITHIN MICHAEL J. TIGHE PARK

**Refreshments - Beer & Hot Dogs
T-shirts and Finisher Medals**

5 Mile Awards

Overall Top 3 Male & Female Finishers

Top 3 in Age Groups

14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

Top 3 Male & Female Race-Walkers

****No duplicate awards****

Directions: Take U.S. 9 (North or South) to Route 524 (Elton-Adelphia Road) toward Smithburg and Turkey Swamp Park. Go West on 524 approximately one mile (past two schools). Turn left at light onto Georgia Road. Tighe Memorial Park will come up on your left just past St. Robert's Church.

Race Day Registration: Begins at 8:30 AM.
Come early. Allow time for parking.

All entry fees nonrefundable, no individual deferrals
Pre-registration Postmarked on or before 3/14/23

Current FARC Member postmarked by 3/14/23.....\$25.00
Non Members postmarked by 2/20/23.....\$35.00
Non Members postmarked by 3/14/23\$40.00

Post Registration Postmarked on or after 3/15/23 and
Race Day for All. \$45.00

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: (_____) _____

Sex: M _____ F _____ Age (Race Day): _____ FARC Member _____

Shirt Size: S _____ M _____ L _____ XL _____

Event: 5 Mile Run _____ or 5 Mile Race-walk _____

E-Mail _____

Signature _____ Date _____
(Participant or parent/guardian if under 18)

Please Note!

Due to the race in progress, you may not exit the Park between 9:30 AM and 12:00 PM. If this will inconvenience you, parking is available outside the Park in nearby side streets. Please do not park on Georgia Road.

For safety reasons we must prohibit **Strollers, Head Phones, Dogs and Runners in Costumes** in the Race. We appreciate your compliance. Information e-mail www.farcnj.com

Liability and Publicity Release: I know that running in a road race is a potentially hazardous activity and that I should not enter and participate unless I am medically able and properly trained. I agree to abide by the orders of any race or police official relative to my ability to safely complete the event. Having read this waiver and knowing the facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the St. Paddy's Race Committee, the Freehold Area Running Club, its officers, Trustees, Members and volunteers associated with this event; The Township of Freehold, its Officials, Employees and Departments, The Court Jester and any and all other sponsors and their representatives and employees and successors from any and all claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in this waiver. Further, I grant to all the forgoing the right to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Make check payable to FARC

Mail to: FARC c/o Isabel Lewis,

1407 Susan Lane Point Pleasant, NJ 08742