

2017 New Jersey Race Walk Series
 USATF-NJ 1 Hour Open & Masters Race Walk Championship
 Manchester High School
 Manchester, NJ
 Hosted by The Freehold Area Running Club (FARC)
 8/13/2017 - Clear, sunny, no wind, 70°, 8:30 am

1 Hour Race Walk

																									Total Meters	
1: Miale, Katherine	F20	Marist Col	2:12	4:37	7:02	9:29	11:56	14:26	16:55	19:27	22:03	24:36	27:14	29:55	32:36	35:14	37:51	40:33	43:12	45:52	48:34	51:11	53:43	56:18	58:51	9410
2: Linkhart, Fred	M64	FARC	2:58	5:49	8:34	11:17	13:57	16:39	19:19	22:03	24:43	27:24	30:05	32:42	35:23	38:15	40:49	43:32	46:17	48:59	51:41	54:23	57:06	59:49		8829
3: Attias, Dorit	F55	Walk USA	2:38	5:20	8:05	10:51	13:39	16:27	19:17	22:06	24:55	27:43	30:30	33:22	36:11	38:59	41:47	44:36	47:23	50:10	52:58	55:44	58:34			8616
4: Fredericks, John	M69	FARC	2:40	5:26	8:12	11:00	13:50	16:40	19:31	22:21	25:13	28:05	30:57	33:51	36:47	39:43	42:39	45:35	48:32	51:29	54:23	57:14	59:59			8403
5: Geer, Panseluta	F70	SAC	2:52	5:41	8:33	11:25	14:19	17:12	20:05	22:59	25:51	28:45	31:42	34:39	37:34	40:28	43:26	46:23	49:21	52:21	55:20	58:21				8226
6: Ron Salvio	M68	FARC	2:49	5:41	8:35	11:30	14:23	17:15	20:10	23:04	26:03	29:04	32:02	35:04	38:02	41:02	44:00	47:02	50:01	52:58	55:56	58:53				8160 >
7: Chelius, Tim	M61	SAC	2:58	5:52	8:45	11:40	14:34	17:24	20:14	23:06	26:03	29:06	32:02	34:55	37:54	40:55	44:02	47:07	50:10	53:19	56:30	59:37				8050
8: Middaugh Susan	F62	FARC	2:58	5:59	9:01	12:11	15:22	18:33	21:49	25:03	28:15	31:28	34:42	37:54	41:10	44:25	47:41	50:58	54:13	58:29						7406 >>> PL
9: Miano, Ross	M68	FARC	2:58	5:56	9:00	12:09	15:20	18:31	21:47	25:00	28:13	31:26	34:40	37:54	41:09	44:24	47:40	50:57	54:12	57:24						7325 >>> P

(PL=Pit Lane) (P=200 Meter Penalty)

Team Champs: 1. FARC (Linkhart, Fredericks, Salvio – 25,392)

Judges: Avram Shapiro (Chief), Master
 Marcia Shapiro, Master
 Wayne Baker, Assoc.
 Barbara Tupper, Assoc.
 Steve Tupper Assoc.

Starter: Larry Kalb
 Timers/Lap Scoring:
 Janet Bergum, Chief
 Gene Geer

Recorder/Pit Lane: Dave Friedman, Assoc.

Card Runner: Mike Bergum

Hydration: Mr. Miale

Meet/Series Director: Ron Salvio (FARC) 609-758-5454, Ron@Salvio.com

Under a clear sunny sky, 9 Race Walkers toed the line this past Sunday. On this day, the New Jersey Race Walk Series used the new “Pit Lane” concept as a training exercise for both the athletes and officials. Its use in the future will hopefully encourage the participation of both Junior and Novice walkers of all age groups.