

2019 New Jersey Race Walk Series  
USATF-NJ 10k Race Walk Championship  
Harry Wright Lake, Whiting, NJ  
Hosted by The Freehold Area Running Club  
3/24/2019 - 41°, sunny, 10 mph wind

10k

1: Sam Allen	M16	Kingsway HS	6:00	12:00	18:12	24:31	30:57	37:10	43:30	49:37
2: Tim Chelius	M62	SAC	8:26	16:51	25:15	33:38	42:04	50:37	59:03	1:07:33
3: John Fredericks	M71	FARC	8:46	17:40	26:40	35:38	44:26	53:27	1:02:34	1:11:36 >>
4: Fred Linkhart	M66	FARC	8:46	17:40	26:40	35:40	44:48	54:00	1:02:59	1:11:38
5: Ross Miano	M70	FARC	9:19	18:49	28:23	38:05	47:46	57:33	1:07:22	1:17:03 >

5k

1: Marissa Sciotto	F16	Sachem E. HS.	7:43	15:39	23:15	29:45
2: Linda Reeves	F63	FARC	9:29	19:28	29:32	39:45 >>

Men's Team Champs Open & Master: Freehold Area Running Club (Fredericks, Linkhart, Miano) 3:40:17

Judges: Wayne Baker, Chief, Assoc.

Timer: Janet Bergum

Avram Shapiro, Master

Pit Lane: Ron Salvio, Apprentice

Marcia Shapiro, Master

Barbara Tupper, Assoc.

Starter: Larry Kalb

Steven Tupper, Assoc.

Elliott Denman, Master

Course Biker: Mike Bergum

Recorder: Wayne Baker, Assoc.

Set-up: John Fredericks

Event & Series Director: Ron Salvio (FARC) 609-758-5454, [Ron@Salvio.com](mailto:Ron@Salvio.com)